

SAN RAMON VALLEY NEWCOMERS NEWSLETTER

JUNE 2024



JUNE LUNCHEON

Where: Brass Door Restaurant, 2154 San Ramone Valley Blvd, San Ramon

When: Thursday, June 20th 2024

Time: 11:30 a.m. Social: .12:00 noon Luncheon

\$33.00 per person includes entree, tea or coffee, tax and gratuity. (notice price increase)

Entrees:

1. 1/2 Prime Rib "**French dip**" sandwich, au jus with fries.
2. **Bay Shrimp Louie:** tomatoes, cucumbers, olives, egg
3. **Chicken Picatta:** caper butter sauce, glazed carrots, mashed potatoes

Non-member guests are invited to attend our Luncheon Programs
For mor information, contact Cindy at cindy444@sbcglobal.net
Reservation deadline is June 14th.



PROGRAM: Gia Barsell: "Normal/Not Normal Brain Aging"

Gia has been working with individuals living with dementia and their families since 2013. She is a National Council of Certified Dementia Practitioners practitioner, a PAC certified Advanced Dementia Consultant and Trainer, and a Certified Montessori Dementia Practitioner. She started at Hope as a patient facing volunteer and learned quickly that she had a passion for making connections with those patients living with dementia.

For the past 5 years she has been the manager of Dementia Services at Hope Hospice. Her experience includes helping families and dementia care communities develop non-pharmacological responses to behavior challenges, facilitating support groups geared towards supporting those caring for someone living with dementia, and educating families and clinical care partners on best practices for dementia care.

